

DocScrib Head-to-Toe Assessment Template

Complete Head-to-Toe Assessment Template (With Colorful Examples)

Welcome to DocScrib's Head-to-Toe Assessment Template, designed to support clinicians, nurses, and healthcare professionals in conducting thorough patient examinations while making documentation faster and easier with AI assistance.

Overview & History

Describe the reason for the examination, previous medical history relevant to the current issue, recent health changes, current complaints, and any contributing factors.

Example:

- Chief Complaint: Shortness of breath on exertion
- Past Medical History: Hypertension, Type 2 Diabetes
- Current Symptoms: Fatigue, mild dizziness, occasional chest tightness

Hair, Skin & Nails

Assess color, texture, temperature, moisture, turgor, skin integrity, lesions, rashes, scars, and any pressure injuries.

Example:

- Skin: Warm, dry, no lesions or rashes
- Hair: Evenly distributed, no scalp lesions
- Nails: Normal capillary refill, no clubbing

Head & Neck

Note head shape, symmetry, facial movements, lymph node palpation, neck mobility, tenderness, or visible swelling.

Example:

- Head: Normocephalic, atraumatic
- Neck: No stiffness, full ROM, no lymphadenopathy

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Eyes & Vision

Inspect pupil size/reactivity, conjunctiva, discharge, visual acuity, and note corrective lenses use.

Example:

- PERRLA, no discharge, vision 20/20 with corrective glasses

Ears

Check ear canal, hearing, discharge, wax buildup, and tympanic membrane.

Example:

- No hearing deficit, ear canals clear, tympanic membrane intact

Nose & Sinus

Evaluate nasal mucosa, septum, discharge, and sinus tenderness.

Example:

- No septal deviation, nasal passages patent, no tenderness

Mouth & Throat

Inspect lips, teeth, gums, tongue, tonsils, uvula, and note dental hygiene or lesions.

Example:

- Oral mucosa moist, no lesions, tonsils non-enlarged

Thoracic (Cardio, Respiratory, Breasts, Lymph)

Document heart rate, rhythm, murmurs, breath sounds, breast exam (if applicable), and lymph nodes.

Example:

- Heart: Regular rate and rhythm, no murmurs
- Lungs: Clear to auscultation bilaterally

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- No lymphadenopathy

Genitourinary

Describe urinary function, any discharge, or reproductive findings if medically indicated.

Example:

- No urinary complaints, no abnormalities noted

Rectum

Note tone, hemorrhoids, masses, tenderness, bleeding, and digital rectal exam findings if done.

Example:

- No hemorrhoids, normal tone, no masses palpated

Extremities & Musculoskeletal System

Comment on symmetry, swelling, ROM, deformities, strength, gait, and signs of inflammation.

Example:

- Full ROM, no joint swelling, steady gait, muscle strength 5/5

Neurological

Assess level of consciousness, orientation, cranial nerves, reflexes, coordination, strength, and sensory response.

Example:

- Alert and oriented x3, cranial nerves intact, no focal deficits

Empower Your Documentation with DocScrib

Use this colorful, easy-to-follow template alongside DocScrib's AI Medical Scribe to:

- Save time on charting

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- Ensure comprehensive assessments
- Improve care continuity